

# CVOT

## Summit 2024

Congress on Cardiovascular, Kidney  
and Metabolic Outcomes

### Programme

**5 – 6 December 2024**

virtual, broadcast  
from Munich, Germany  
[www.cvot.org](http://www.cvot.org)

## Programme

Thursday, 5 December 2024

Virtual

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**15:30 – 15:40 CET**

**Welcome and Introduction**

*Oliver Schnell (Munich, Germany)*

**15:40 – 17:15 CET**

**Cardiovascular, kidney and metabolic care: Current and future perspectives**

*Chairs: Luc van Gaal (Antwerp, Belgium), Paola Fioretto (Padua, Italy)*

**15:40 – 15:55**

**Update on the treatment of heart failure - new approaches, new outcomes**

*Mikhail Kosiborod (Kansas City, US)*

**15:55 – 16:10**

**Chronic kidney disease: Cornerstones of today's treatment and opportunities for the future**

*Beatriz Fernández-Fernández (Madrid, Spain)*

**16:10 – 16:25**

**The next decade in the treatment of obesity**

*Barbara McGowan (London, UK)*

**16:25 – 16:45**

**Organ Cross-Talk and Person-Centered Management of Obesity, CKD, Lipid Disorders, and Diabetes**

*Dirk Müller-Wieland (Aachen, Germany)*

**16:45 – 17:00**

**Microplastics and nanoplastics (MNPs): An emerging risk factor for cardiovascular disease**

*Antonio Ceriello (Milan, Italy)*

**17:00 – 17:15**

**Panel Discussion**

**17:15 – 17:30**

**Break**

17:30 – 18:45 CET

### Updates from the Taskforce of the Guideline Workshop

*Chairs: Helena Rodbard (Rockville, USA), Lars Rydén (Stockholm, Sweden)*

17:30 – 17:45

**The Taskforce of the Guideline Workshop: Aims and outcomes**  
*Oliver Schnell (Munich, Germany)*

17:45 – 18:00

**Towards standardization of patient reported outcomes (PROs)**  
*Katharine Barnard-Kelly (Hampshire, UK)*

18:00 – 18:15

**Disparities in prevalence and treatment of diabetes, cardiovascular and chronic kidney diseases**  
*James R. Gavin (Atlanta, USA)*

18:15 – 18:30

**Network meta-analyses and clinical guidelines:  
what is missing for a precision medicine approach**  
*Francesco Giorgino (Bari, Italy)*

18:30 – 18:45

**Discussion**

18:45 – 19:00

**Break**

19:00 – 20:00 CET

### Cardio-renal metabolic diseases: How can we connect the dots?

*Chair: Sarah Jarvis (London, UK)*

*Satellite Symposium kindly supported by Boehringer Ingelheim*

19:00 – 19:03

**Welcome and introduction**  
*Sarah Jarvis (London, UK)*

19:03 – 19:13

**Why does connecting the dots matter in CRM diseases?**  
*Nikolaus Marx (Aachen, Germany)*

19:13 – 19:23

**Connecting the dots in understanding CRM disease:  
does aldosterone have a role?**  
*Per-Henrik Groop (Helsinki, Finland)*

19:23 – 19:33

**Connecting the dots in CRM disease: how do we work together?**  
*Sarah Jarvis (London, UK)*

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**19:33 – 19:58**

**Panel discussion**

**19:58 – 20:00**

**Closing remarks/final thoughts**

*Sarah Jarvis (London, UK)*

**20:00 – 20:45 CET**

**Oral Presentations – Part 1**

*Chairs: tbd*

**20:45**

**Closing Day 1**

*Oliver Schnell (Munich, Germany)*

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**08:30 – 09:30 CET**

**Type 1 Diabetes – Early detection and preventive treatment approaches**

*Chairs: Chantal Mathieu (Leuven, Belgium), Othmar Moser (Bayreuth, Germany)*

**08:30 – 08:45**

**Early detection of Type 1 Diabetes - risk evaluation, markers and early diagnosis programs**

*Thomas Danne (Lisbon, Portugal)*

**08:45 – 09:00**

**Treatment strategies for delaying the onset of Type 1 Diabetes**

*Colin M. Dayan (Cardiff, UK)*

**09:00 – 09:15**

**Future directions in the treatment of CKD in Type 1 Diabetes**

*Hiddo Heerspink (Groningen, Netherlands)*

**09:15 – 09:30**

**Discussion**

**09:30 – 10:45 CET**

**Advancing diabetes management through technological innovations**

*Chairs: Tadej Battelino (Ljubljana, Slovenia), Doina Catrinoiu (Constanta, Romania)*

**09:30 – 09:45**

**Continuous glucose monitoring in Type 2 Diabetes**

*Stefano del Prato (Pisa, Italy)*

**09:45 – 10:00**

**CGM and cardiovascular perspectives**

*Ulf Landmesser (Berlin, Germany)*

**10:00 – 10:15**

**CGM, hypoglycemia and risk prediction**

*Lutz Heinemann (San Diego, US)*

**10:15 – 10:30**

**Automated Insulin delivery (AID), physical activity and exercise in Type 1 Diabetes**

*Othmar Moser (Bayreuth, Germany)*

**10:30 – 10:45**

**Discussion**

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10:45 – 11:00

**Break**

11:00 – 12:00 CET

**CKD and heart failure: current perspectives on diagnosis and treatment**

*Chairs: Per-Henrik Groop (Helsinki, Finland)*

11:00 – 11:15

**UACR and eGFR: barriers of implementation**

*Elke Schäffner (Berlin, Germany)*

11:15 – 11:30

**KDIGO guidelines 2024: consistence with ESC?**

*Michel Jadoul (Brussels, Belgium)*

11:30 – 11:45

**REVOLUTIONizing heart failure diagnosis**

*Lisa Anderson (London, UK)*

11:45 – 12:00

**Discussion**

12:00 – 12:30 CET

**Diabetes and the heart: exploring effects beyond heart failure**

*Chair: Nikolaos Papanas (Alexandroupolis, Greece), Boris Mankovsky (Kyiv, Ukraine)*

12:00 – 12:10

**Cardiac autonomic neuropathy: current experimental  
and clinical practice considerations**

*Alin Stirban (Birkenwerder, Germany)*

12:10 – 12:20

**Mitochondrial metabolomics and the diabetic heart**

*Eberhard Standl (Munich, Germany)*

12:20 – 12:30

**Discussion**

### 12:30 – 13:30 CET

#### **Primary care at the forefront of cardiorenal and metabolic disease management**

*Chairs: Dipesh Patel (London, UK), Pinar Topsever (Istanbul, Turkey)*

#### 12:30 – 12:45

##### **Cardiovascular Risk evaluation in primary care**

*Naresh Kanumilli (Manchester, UK)*

#### 12:45 – 13:00

##### **Interconnectedness of Heart, Kidney and Metabolism – Perspectives of PCPs**

*Xavier Cos (Barcelona, Spain)*

#### 13:00 – 13:15

##### **Empowering diabetes self-management: the path to success**

*Tatjana Milenkovic (Skopje, Macedonia)*

#### 13:15 – 13:30

##### **Discussion**

#### 13:30 – 14:00

##### **Break**

### 14:00 – 14:45 CET

#### **Targeting obesity – combating metabolic diseases**

*Chairs: Luca Busetto (Padua, Italy), Matthias Blueher (Leipzig, Germany)*

#### 14:00 – 14:15

##### **Obesity as a therapeutic target in heart failure therapy**

*Luc van Gaal (Antwerp, Belgium)*

#### 14:15 – 14:30

##### **GIP/GLP-1 receptor agonists – a new dawn in sleep apnea therapy?**

*Igor Harsch (Saalfeld, Germany)*

#### 14:30 – 14:45

##### **Discussion**

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**14:45 – 15:30 CET**

### **Eating for Health: Nutritional Strategies in Metabolic and Cardiovascular Care**

*Chairs: Linong Ji (Beijing, China), Dario Rahelić (Zagreb, Croatia)*

**14:45 – 15:00**

#### **On the Path to Precision Nutrition in Cardiometabolic Diseases**

*Andreas Pfeiffer (Potsdam, Germany)*

**15:00 – 15:15**

#### **Navigating Nutrition under Incretin-Based Therapies**

*Jaime Almandoz (Texas, USA)*

**15:15 – 15:30**

#### **Discussion**

**15:30 – 16:15 CET**

### **Liver in the Spotlight: Current Practices and New Horizons**

*Chairs: Frank Tacke (Berlin, Germany), Linong Ji (Beijing, China)*

**15:30 – 15:45**

#### **Diagnosis and Treatment of MASLD: Current State of the Art**

*Wendy Spearman (Cape Town, South Africa)*

**15:45 – 16:00**

#### **The liver – a new target for incretin therapies?**

*Frank Tacke (Berlin, Germany)*

**16:00 – 16:15**

#### **Discussion**

**16:15 – 16:30**

#### **Break**

**16:30 – 17:30 CET**

### **Industry's perspective - Panel Discussion**

*Oliver Schnell (Munich, Germany)*



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**17:30 – 18:30 CET**

**Oral Presentations – Part 2**

*Chairs: tbd*

**18:30 – 18:45 CET**

**Abstract Award and Closing**

*Oliver Schnell (Munich, Germany)*